

SINUSITIS IN A CHILD

SINUSITIS AND SORE THROATS: IMPROVEMENT OF CHRONIC SINUSITIS, CONSTIPATION AND PHARYNGITIS IN A CHILD FOLLOWING CHIROPRACTIC CARE.
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OBJECTIVE:

This case report describes the evaluation and management of a child who presented for chiropractic care with complaints of chronic sinusitis, constipation, and pharyngitis (sore throat).



CLINICAL FEATURES:

A nine-year-old female presented with chronic symptoms of sinusitis, constipation, and sore throat. The mother was concerned that the child was no longer responding to her prescribed antibiotic medication and was concerned with her chronic illness. The child was sick at least one time every two months and had problems falling asleep due to complaints.

INTERVENTION AND OUTCOMES:

A course of conservation management was performed which consisted of 12 chiropractic visits over a three-month period. Chiropractic techniques utilized included Diversified, Activator and Applied Kinesiology. Upon reassessment, the child was found to have better bowel movements and was no longer taking antibiotics. She was also able to sleep through the night and reported less nasal congestion.

CONCLUSIONS:

The conservative chiropractic care of a child with chronic sinusitis, constipation, and sore throat showed improvement of symptoms over a three-month period.

SUBLUXATION CONNECTION

Throat and sinus infections commonly respond to chiropractic care aimed at reducing upper neck subluxations. Chronic stress patterns, detected in the neck region, affect the drainage of the glands of the head, neck and throat. Full spine adjustive care alleviates added stress to other nerve and organ systems.

