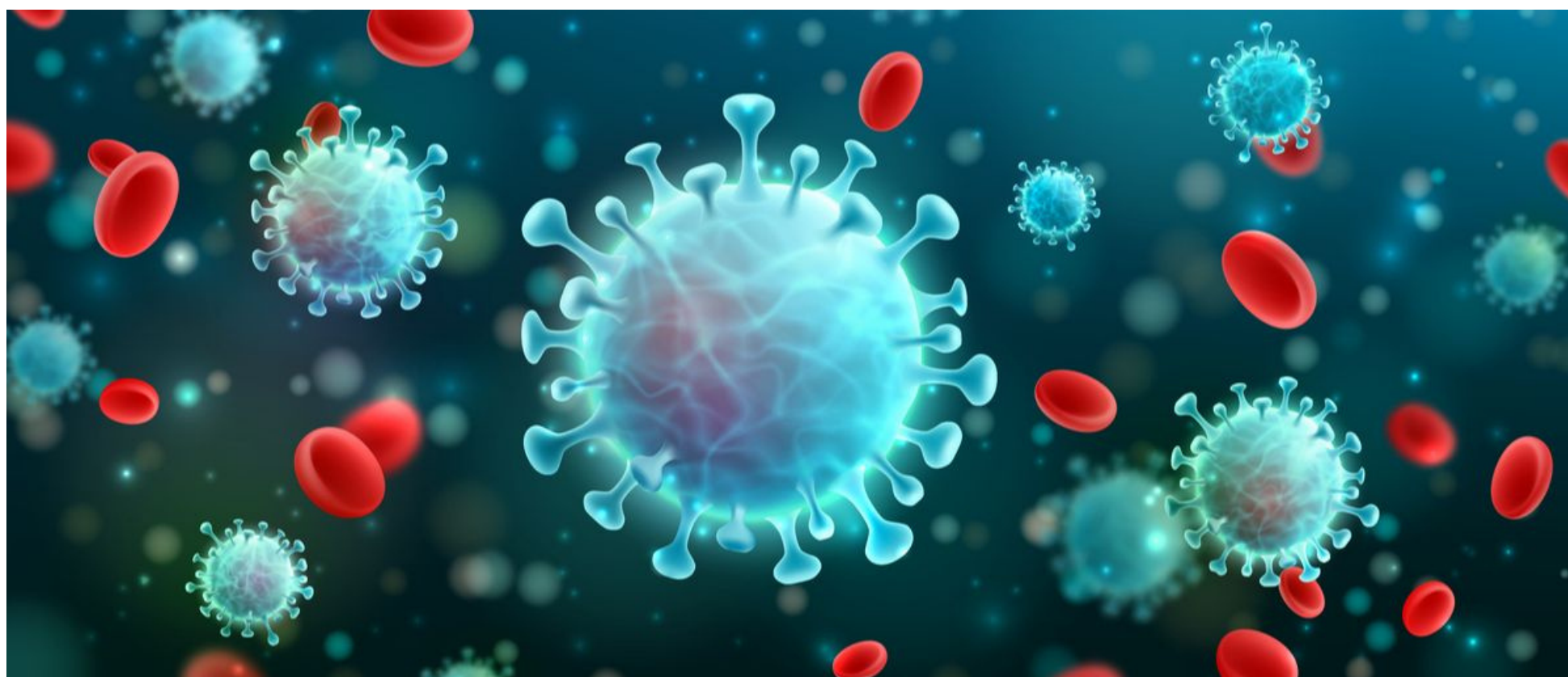


IMMUNITY

CHIROPRACTIC AND THE NEUROIMMUNE CONNECTION. JOURNALS OF VERTEBRAL SUBLUXATION RESEARCH ~ SEPTEMBER 20, 2008 ~ PAGES 1-5 ARI COHN, D.C.

OBJECTIVE:

To review the literature on the connections between the nervous and immune systems, and to explore the connection that chiropractic adjustments may have on neuroimmune function.



DATA COLLECTION:

Relevant articles in English were retrieved through a search of MEDLINE and the Index to Chiropractic Literature. Key search terms included: chiropractic, immune system, nervous system, sympathetic nervous system.

RESULTS:

There appear to be numerous modes of communication between the nervous system and the immune system. It also appears, not only in theory but in practice, that chiropractic adjustments may have a beneficial effect on the functioning of both the nervous and the immune system.

CONCLUSION:

For many years chiropractors have claimed that spinal adjustments can help improve the overall health of an individual. There is a growing body of scientific research to support this contention.

SUBLUXATION CONNECTION

Immunity is sometimes referred to as "circulating neurology". Stress can reduce immunity while adjustments are proven to increase it!

