

IRRITABLE BOWEL SYNDROME AND CROHN'S DISEASE

**IRRITABLE BOWEL SYNDROME:
A NEUROLOGICAL SPINE PROBLEM**
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OBJECTIVE:

According to a 2012 study a contributing factor in the symptoms of IBS was the displacement of intervertebral discs and (or) vertebra in the thoracic or lumbar region. It was shown that an effective treatment for IBS is chiropractic manipulation. Correcting the displacement of the vertebra and (or) intervertebral discs resolves the stimuli caused by pressure exerted on the nerves and vessels around the spine.



AIM:

To investigate if patients with Irritable bowel syndrome (IBS) have more findings in the physical examination indicating nerve involvement from spine segments Th7-L1 than people without gastrointestinal disorder. Study Design: Clinical randomized blinded case-control diagnostic study. Place and Duration of Study: Torvalla back and sports medical clinic and CeFAM at Karolinska Institutet, Stockholm, Sweden, Mars-May 2012.

SUBLUXATION CONNECTION

IBS and Crohn's disease are debilitating situations that require dietary lifestyle and other combined approaches. Chiropractic adjustments affect the neural controls of the small and large bowel and are recognized for assisting in the recovery and stabilization of these two diseases.

