

ERECTILE DYSFUNCTION

RESOLUTION IN FREQUENCY AND SEVERITY OF ERECTILE DYSFUNCTION AND CHRONIC LOW BACK PAIN IN A 53-YEAR-OLD MALE UTILIZING THE GONSTEAD TECHNIQUE:

A CASE STUDY

ANNALS OF VERTEBRAL SUBLUXATION RESEARCH ~

DECEMBER 5, 2016 ~ PAGES 137-152

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OBJECTIVE:

to record the improvements seen in a 53-year-old male patient with a history of erectile dysfunction and chronic low back pain.



CLINICAL FEATURES:

The man first presented for chiropractic care with a chief complaint of low back pain. He had a twenty-year history of low back pain and erectile dysfunction, disclosing only the low back pain initially. Examination revealed the presence of vertebral and pelvic subluxations.

INTERVENTION AND OUTCOMES:

Each visit included the use of instrumentation, static palpation, motion palpation, and visualization to accurately determine when and where subluxations were present. Chiropractic adjustments utilizing Gonstead methodology were performed whenever corrections were found necessary. After eight weeks of care (12 adjustments) the patient was pain-free and able to exercise comfortably. He continued care for a chronic lumbar subluxation and was able to experience improved erectile function as well.

CONCLUSIONS:

Chiropractic adjustments utilizing Gonstead methodology has been shown to effectively reduce the effects of vertebral subluxation. This has allowed the patient to live without chronic pain and experience improved erectile function.

SUBLUXATION CONNECTION

Lower back problems can affect the male reproductive functions. This study confirms that resetting the neuromuscular tone of the region has a positive effect.

