

CONSTIPATION

RESOLUTION OF SEVERE CONSTIPATION, VOMITING AND LEG PAIN IN A CHILD UNDERGOING SUBLUXATION BASED CHIROPRACTIC CARE: A CASE REPORT.

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OBJECTIVE:

To describe the chiropractic care of a 6-year-old male with complaints of chronic constipation, daily vomiting and "growing pains".



CLINICAL FEATURES:

The patient's constipation began at 2 years of age and has been under medical care since. Standard physical examination and endoscopic examinations revealed a "small stomach ulcer." Prescription medication since age 4 years involved 3 caps of Miralax at three times daily, Exlax at one time per day, 10mg capsules of Lasoprizole once per day and Periactin to stimulate hunger. With respect to the patient's leg pain complaint, the patient's mother indicated that her son had recently complained of leg pain without cause and denied any history of trauma to her son's legs. Chiropractic examination revealed sites of spinal and extraspinal subluxations.

INTERVENTION AND OUTCOMES:

The patient was cared for with adjustments characterized as high velocity, low amplitude thrusts. The patient attended a total of 8 visits in a period of 3 weeks. Resolution of the patient's constipation, vomiting and leg pain complaints were the outcome.

CONCLUSIONS:

A pediatric patient with chronic constipation, vomiting and "growing pains" experienced subjective and objective improvements in symptoms under chiropractic. Further research is recommended to examine the effectiveness of chiropractic care as described in similar patients.

SUBLUXATION CONNECTION

Constipation and other bowel dysfunctions can be alleviated while under chiropractic care. The bowel system is particularly susceptible in children to dietary and emotional stressors. Adjustments to restore balance nerve control can be highly effective.

