

AUTISM & ADHD

IMPROVEMENT IN A CHILD WITH AUTISM FOLLOWING CHIROPRACTIC CARE TO REDUCE VERTEBRAL SUBLUXATIONS: CASE STUDY & SELECTIVE REVIEW OF LITERATURE

JOURNAL OF PEDIATRIC, MATERNAL & FAMILY HEALTH - CHIROPRACTIC ~ VOLUME 2017 ~ ISSUE 3 ~ PAGES 109-118
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OBJECTIVE:

To describe and discuss 6 weeks of subluxation-based chiropractic care in a 6-year-old male who was diagnosed with Autism Spectrum Disorder (ASD).



CLINICAL FEATURES:

A 6-year-old male presents with aggressive behavior, hindered social and physical activities, poor eating habits and sleep difficulties. The boy was previously diagnosed with Autism by a neurologist.

INTERVENTION & OUTCOMES:

The patient was assessed for subluxations and adjusted using the Diversified Technique. 15 visits over the course of 6 weeks of subluxation-based chiropractic care were provided. The young patient was assessed using a thermal scan, static surface electromyography, motion and static palpation. Outcomes included decreased time taken to fall asleep, improved sleep quality and sleep time, decrease in aggressive behavior, an increase in alertness, focus and agreement to finish school-related work. Patient was able to discontinue use of medications Risperidone and Tenex.

CONCLUSION:

This case study demonstrates the reduction of ASD symptoms and impairments with the use of subluxation-based chiropractic care.

SUBLUXATION CONNECTION

Nerve system stress and changes in the nerve tension can stress the child, resulting in changed behaviors. Behavioral disorders, learning disorders, ADHD and autistic spectral patients show remarkable improvements while under chiropractic care.

