

# ASTHMA

## RESOLUTION OF SEVER CHRONIC ASTHMA IN AN INFANT FOLLOWING UPPER CERVICAL CHIROPRACTIC CARE TO REDUCE SUBLUXATION.

JOURNAL OF PEDIATRIC, MATERNAL & FAMILY HEALTH-CHIROPRACTIC ~ VOLUME 2014~ ISSUE 2~ PAGES 27-29  
ROBERT RECTENWALD, D.C., BCAO

### OBJECTIVE:

To discuss the results of chiropractic care in a 19-month-old patient with the diagnosis of sever chronic asthma and vertebral subluxation.



### CLINICAL FEATURES:

This patient began experiencing symptoms and age 9 months. By age 18 months he had been treated 4 times at the hospital emergency room for episodes of acute respiratory distress/ He suffered from constant wheezing and cough and was not responding well to pharmacological interventions.

### INTERVENTION AND OUTCOMES:

Adjustments of the cervical spine utilizing the Orthospinology technique with KH-4 electric instrument were performed on 6 visits over a 7-month period. After 9 weeks, no further episodes of breathing difficulty were reported and measures of vertebral subluxation had reduced.

### CONCLUSIONS:

The results in this case suggest that chiropractic adjustments to reduce vertebral subluxation may be effective for the reduction of asthma symptoms in some pediatric cases which have not responded well to standard pharmacological treatment.

## SUBLUXATION CONNECTION

*Asthma can be triggered by environmental allergies, exertion, upper respiratory infections and general fatigue. The bronchial tree can become irritable from these stressors however, chiropractic adjustments, aimed at balancing the body's nerve response by targeting vertebral subluxations show exciting and beneficial outcomes. The reduction of irritable airways can lead to less dependence on medications and longer-term interventions.*

